

BALLROOM DANCE



FOR KIDS

what makes us different

No hidden fees...
makes it's easy to budget!

- Most studios have a "low" monthly fee and then tack on lots of additional fees throughout the year. Our monthly fee includes all costs (plus some great perks) so you're never surprised!
- no registration fee; no costume fees
- plus each child gets a Heart & Sole Dance t-shirt, accomplishment ribbons, certificate of achievement and two tickets to the May Showcase.

pricing and payments

One Class:	\$80
Second Class:	\$70
Additional Classes:	\$60

* Comp. Troupe: 2 classes/week, pricing on reverse

Payment Options

Monthly auto-pay using a debit/credit card, or payment in full for the year

To Pre-Register

Fill out the payment and registration forms and pay first and last month for each student.



2016-17 beginner schedule

Full class descriptions on reverse.

Beginner class start dates:

- Sept 5-10
- Nov 14-19
- Feb 13-18

Wednesdays

5:30-6:15p
ages 5-8 beginner AA
(East Coast Swing, Waltz, Cha Cha)

6:15-7:00p
ages 9+ beginner C
(East Coast Swing, Tango, Rumba)

Saturdays

12:00-12:45p
ages 5-8 beginner BB
(Salsa, Tango, Rumba)

12:45-1:30p
ages 9+ beginner B
(Cha Cha, Foxtrot, Samba)

**Ask about our
4 classes for \$40
trial offer!**

Heart & Sole Dance
7038 W. 183rd St. Tinley Park, IL
708-5- DANCES
www.HeartSoleDance.com

"It teaches poise, confidence and social skills that improve my child's self esteem. My child loves learning to dance and it's taught in such a way that learning is easy. It's amazing how many dance moves they learn and remember." ~ Tanya Wells (Harrison - age 8)

Beginner Ballroom AA, BB:

Designed for Children ages 5-8. These 45 minute classes focus on coordination, dance movements and basic ballroom techniques. Children learn the basics of each dance and then work on a fun routine utilizing and perfecting their new dance knowledge for the May Showcase.

AA: East Coast Swing, Waltz, Cha Cha Wednesdays 5:30-6:15p

BB: Salsa, Tango, Rumba Saturdays 12:00-12:45p

Beginner Ballroom A, B & C:

Designed for Children ages 9+. These 45 minute classes focus on coordination, fundamental dance movements and basic ballroom techniques. Children learn the basics of each dance and then work on a fun routine utilizing and perfecting their new dance knowledge for the May Showcase.

A: West Coast Swing, Waltz, Salsa offered in 2016-17

B: Cha Cha, Foxtrot, Samba Saturdays 12:45-1:30p

C: East Coast Swing, Tango, Rumba Wednesdays 6:15-7:00p

Intermediate Ballroom:

By invitation/audition only. This level is for children ages 9+ with a minimum of 2 years prior experience. Basic techniques and movements from Beginner Ballroom levels A, B and C must be mastered before entering this level. Great attention is paid to correct body movement, proper technique and good partnering.

Mondays 5:30-6:15p

Performance Troupe:

By invitation/audition only. This class is designed for children 8+ with a minimum of 1 year prior experience. It's a fun dance class that introduces the concepts of performing and stretches and expands the children outside of themselves. Children will perform an average of 6 times from September through May. Students must be enrolled in a ballroom class (or take weekly private lessons) to participate. (Certain events will have entry fees which are not included in the cost of this class.)

Thursdays 5:30-6:15p

Competition Troupe:

By invitation/audition only. This level is for children ages 10+ with a strong work ethic and a desire to challenge themselves. This class is one step beyond performing and will push the children on all levels of their dancing; from balance and timing to partnering, technique and posture. The Competition Troupe will compete at all local events and will also perform wherever possible as practice for competitions. Students must be enrolled in a ballroom class (or take weekly private lessons) to participate. (Studio sweats, competition fees and performance entry fees are not included in the cost of the class.) Class meets 2x/week and is \$120 per month.

Tuesdays 6:30-7:15p & Saturdays 1:30-2:15p

"I love that they are learning all the basic steps to the different ballroom styles. As an added benefit, I feel like I am learning just by watching her classes. I enjoy being able to practice with her at home." ~ Laura Laird (Jessica - age 8)